

Carers Q&A

USEFUL DEMENTIA CONTACTS

NATIONAL DEMENTIA HOTLINE

Alzheimer's Society run hotline.

Information, support or advice about dementia. All calls cost the standard network rate.

Open 7 days a week:

Monday – Wednesday, 9am–8pm

Thursday & Friday, 9am –5pm

Saturday & Sunday, 10am–4pm

Telephone Number: 0300 222 11 22

ADMIRAL NURSES HOTLINE

Dementia UK run hotline.

The Admiral Nurse Dementia Helpline is for anyone with a question or concern about dementia and Alzheimer's disease. All calls are free.

Monday – Friday, 9am–9pm

Saturday & Sunday, 9am–5pm

Telephone Number: 0800 888 6678

OLDER PEOPLE'S HOTLINE

Age UK run hotline.

Free, confidential national phone service for older people, their families, friends and carers.

Open 365 days per year.

Monday – Sunday, 8am–7pm

Telephone Number: 0800 678 1602